Ohio PREP Region 6 Quarterly Newsletter

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Personal Responsibility Education Program (PREP)

hio PREP Region 9, Nationwide Children's Hospital, placed the PREP curriculum in a Prezi format which is a visual presentation software and an alternative to slide-based displays.

Two Region 6 agencies, Pathway Caring for Children (Stark County) and Trumbull County Juvenile Justice Center are also utilizing Prezi while providing the PREP curriculum to their youth classes. The youth appear more engaged, as Prezi provides a visual account and overview of PREP, in addition to the student manuals and role playing. The instructors who have used the program describe it as helpful and easy to use. They have also noticed an increase in youth participation.



Annita Justice, with Pathway Caring for Children, using Prezi visual software while instructing the youth in PREP.

Curriculum Changes

The PREP curriculum has been updated. Reducing the Risk (RTR) has a revised 5th edition and the financial literacy and career building modules have been expanded. Direct care staff already trained in the current PREP curriculum will need to attend a 6 hour "update" training. If you have not been trained on the updated information, please contact Molly Malloy at (330) 489-3322 or mmalloy@cantonhealth.org.







Ohio PREP is Funded by The Department of Health and Human Services, Administration on Children, Youth and Families (ACYF), Family and Youth Service Bureau and Administered by the Ohio Department of Health Office of Health Improvement and Wellness, Bureau of Maternal, Child and Family Health, School and Adolescent Health Program.



Suicide Prevention

Suicide is a serious public health problem that can have lasting harmful effects on individuals, families, and communities. While its causes are complex and determined by multiple factors, the goal of suicide prevention is simple: Reduce factors that increase risk (i.e. risk factors) and increase factors that promote resilience (i.e. protective factors). Ideally, prevention addresses all levels of influence: individual, relationship, community, and societal. Effective prevention strategies are needed to promote awareness of suicide and encourage a commitment to social change.

(National Center for Injury Prevention and Control, Division of Violence Prevention, n.d.)

10 Leading Causes of Death by Age Group, United States – 2015

	Age Groups										
Rank	<1	1-4	5-9	10-14	15-24	25-34	35-44	45-54	55-64	65+	Total
1	Congenital Anomalies 4,825	Unintentional Injury 1,235	Unintentional Injury 755	Unintentional Injury 763	Unintentional Injury 12,514	Unintentional Injury 19,795	Unintentional Injury 17,818	Malignant Neoplasms 43,054	Malighant Neoplasms 116,122	Heart Disease 507,138	Heart Disease 633,842
2	Short Gestation 4,084	Congenital Anomalies 435	Malignant Neoplasms 437	Malignant Neoplasms 428	Suicide 5,491	Suicide 6,947	Malighant Neoplasms 10,909	Heart Disease 34,248	Heart Disease 76,872	Malighant Neoplasms 419,389	Malighant Neoplasms 595,930
3	SIDS 1,568	Homicide 369	Congenital Anomalies 181	Suicide 409	Homicide 4,733	Homicide 4,863	Heart Disease 10,387	Unintentional Injury 21,499	Unintentional Injury 19,488	Chronic Low. Respiratory Disease 131,804	Chronic Low. Respiratory Disease 155,041
4	Matemal Pregnancy Comp. 1,522	Malignant Neoplasms 354	Homicide 140	Homicide 158	Malignant Neoplasms 1,469	Malignant Neoplasms 3,704	Suicide 6,936	Liver Disease 8,874	Chronic Low. Respiratory Disease 17,457	Cerebro- vascular 120,156	Unintentional Injury 146,571
5	Unintentional Injury 1,291	Heart Disease 147	Heart Disease 85	Congenital Anomalies 156	Heart Disease 997	Heart Disease 3,522	Homicide 2,895	Suicide 8,751	Diabetes Mellitus 14,166	Alzheimer's Disease 109,495	Cerebro- vascular 140,323
6	Placenta Cord. Membranes 910	Influenza & Pneumonia 88	Chronic Low. Respiratory Disease 80	Heart Disease 125	Congenital Anomalies 386	Liver Disease 844	Liver Disease 2,861	Diabetes Mellitus 6,212	Liver Disease 13,278	Diabetes Mellitus 56,142	Alzheimer's Disease 110,561
7	Bacterial Sepsis 599	Septicemia 54	Influenza & Pneumonia 44	Chronic Low Respiratory Disease 93	Chronic Low Respiratory Disease 202	Diabetes Mellitus 798	Diabetes Mellitus 1,986	Cerebro- vascular 5,307	Cerebro- vascular 12,116	Unintentional Injury 51,395	Diabetes Mellitus 79,535
8	Respiratory Distress 462	Perinatal Period 50	Cerebro- vascular 42	Cerebro- vascular 42	Diabetes Mellitus 196	Cerebro- vascular 567	Cerebro- vascular 1,788	Chronic Low. Respiratory Disease 4,345	Suicide 7,739	Influenza & Pneumonia 48,774	Influenza & Pneumonia 57,062
9	Circulatory System Disease 428	Cerebro- vascular 42	Benigh Neoplasms 39	Influenza & Pneumonia 39	Influenza & Pneumonia 184	HIV 529	HIV 1,055	Septicemia 2,542	Septicemia 5,774	Nephritis 41,258	Nephritis 49,959
10	Neonatal Hemorrhage 406	Chronic Low Respiratory Disease 40	Septicemia 31	Two Tied: Benigh Neo./Septicemia 33	Cerebro- vascular 166	Congenital Anomalies 443	Septicemia 829	Nephritis 2,124	Nephritis 5,452	Septicemia 30,817	Suicide 44,193

Data Source: National Vital Statistics System , National Center for Health Statistics, CDC. Produced by: National Center for Injury Prevention and Control, CDC using WISQ ARS™





Contact the National Suicide Prevention Lifeline

Call 1-800-273-TALK (1-800-273-8255)

Use the online Lifeline Crisis Chat.

Both are free and confidential.

You'll be connected to a skilled, trained counselor in your area.

For more information, visit the National Suicide Prevention Lifeline.

Ohio PREP

Personal Responsibility Education Program

Region 6 Coalition Meeting Invitation

Kelli Trenger PREP Program Manager Canton City Health Department Molly Malloy, RN PREP Trainer Canton City Health Department

PREP Trainer
Canton City Health Department

Frank Catrone, RN

Preventing Suicide in Youth and Adolescents

Presented By: Allison Esber, MSSA, LSW, OCPSA

The suicide rate among youth and adolescents has dramatically increased, becoming a high priority population in suicide prevention. This presentation will focus on preventing suicide in youth by providing local, state, and national statistics; recognizing warning signs and symptoms in individuals and high risk populations; and providing resources to individuals in need of treatment or further support.

Allison Esber is the Systems Initiative Manager at Stark County Mental Health and Addiction Recovery (StarkMHAR). She serves as the coordinator for the Stark County Suicide Prevention Coalition working to decrease the number of suicide deaths by raising awareness and educating the community regarding suicide prevention. Allison coordinates the Stark County Opiate Task Force to address the opiate epidemic. Through her work at StarkMHAR, she also assists the Drug Free Stark County coalition and serves as the adult advisor for Stark County youth led prevention.

Prior to her work at StarkMHAR, she worked for a crisis center. Allison assisted in the implementation of the Project DAWN pilot program in Stark County. Allison is a licensed social worker and a certified prevention specialist assistant. She is an instructor for Youth Mental Health First Aid, QPR (Question.

Wednesday, June 28, 2017 11:30 a.m.-1:30 p.m.

Stark County District Library (McKinley Room)
715 Market Ave N.
Canton, Ohio 44702

Lunch provided at no cost

Persuade. Refer.) and CALM (Counseling on Access to Lethal Means), both suicide prevention gatekeeper trainings.

Allison graduated from Walsh University with Bachelor's Degrees in Psychology and Sociology, with a concentration in criminal justice. She completed her Masters of Science in Social Administration from Case Western Reserve University.

Seating is limited.

RSVP by Friday, June 23, 2017 at 12:00 p.m. to

Molly Malloy at mmalloy@cantonhealth.org or 330-489-3322.

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New Staff Training

There is no new staff training scheduled at this time. If your agency has new staff that need trained with the PREP curriculum, please contact Molly Malloy at mmalloy@cantonhealth.org or (330) 489-3322.

<u>Agencies Implementing Youth Classes</u> <u>March 2017 - June 2017</u>

Indian River Juvenile Correctional Facility
Pathway Caring for Children
Trumbull County Juvenile Justice Center
Youth Intensive Services





Interested In Learning More About Ohio PREP?

Learn *why* teaching youth about sexuality is important and *how* to talk to youth about sexuality. For more information, contact Frank Catrone at the Canton City Health Department at fcatrone@cantonhealth.org or 330-489-3322.